



KING DACHSTEIN TRAIL

4 stages – 122km – 5800m of altitude

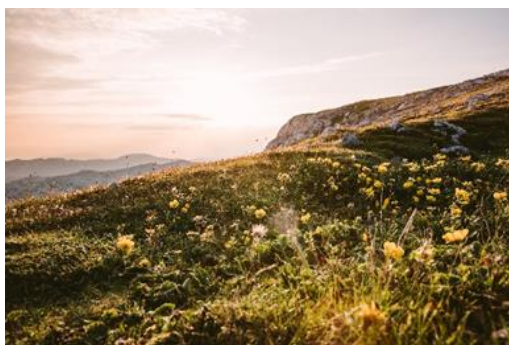
Trailrunning Paradise Salzkammergut - 6 days / 5 nights
With luggage transfer!



developed and certified
by Peter Seebacher



“World heritage region”: the mighty Dachstein – 2995 meters high – has been decorated with this award in 1997. The impressive mountain landscape along with Hallstatt and the region Dachstein Salzkammergut were named world heritage region by UNESCO.



© Lady Venom



Requirements and general information

The tour mainly covers alpine terrain. You will need appropriate trail running equipment and basic stamina.

Necessary recommended equipment: trail running shoes, functional clothes (also long trousers or shorts with leg warmers), second dry long sleeve, woollen hat / cap, gloves, backpack, rescue blanket, food and water (for all days), garbage bag, rain and sun protection, first-aid kit, head-lamp, mobile phone and poles. Even in the midsummer there could be a drop of temperature, so please make sure that you have warm clothing with you including gloves and cap. Please think about a second long sleeve in case there will be a waiting time in the next accommodation for the luggage.

Your route is recorded for posterity when you enter your name in every hut logbook in the Dachstein Mountains. The routes are well signposted, although the signs could partly be covered by snow. Hence, it is imperative that you take your routing with you. An experienced guide is available to accompany you upon request.

The carrying out of the tour is dependent on weather conditions! Alternative trails, use of cable car and train or bus (payable on spot) are always possible.

Routing:

1st Day: Individual arrival at train station Salzburg and bus ticket (for FREE) to Gosau (change bus in Bad Ischl once) or individual arrival in Gosau right next to the Dachstein mountain range.
Overnight stay incl. halfboard and 1 beverage in Gosau.

2nd Day: From Gosau via Salzberg to Hallstatt and via Obertraun and the Koppental to Bad Aussee.
~33,5 km, altitude difference ↑ 1230 m / ↓ 1280 m

Luggage transfer from Gosau to Bad Aussee
Overnight stay incl. halfboard at Bad Aussee



3rd Day: From Bad Aussee via Ödensee to Stoderzinken.
~30,5 km, altitude difference ↑ 2130 m / ↓ 970 m

Luggage transfer from Bad Aussee to Stoderzinken
Overnight stay incl. halfboard at Stoderzinken

4th Day: From Stoderzinken to Dachstein Südwand via „Ramsauer Höhenweg“. Alternative via „Dachstein Rundweg“ crossing Dachstein glacier.
~20,0 km, altitude difference ↑ 1240 m / ↓ 1380 m

Luggage transfer from Stoderzinken to Dachstein Südwand
Overnight stay incl. halfboard at Dachstein Südwand

5th Day: From Südwand via Hofpürglhütte, Zwieselalm and Herrenweg to Gosau.
~32,5 km, altitude difference ↑ 1180 m / ↓ 2140 m

Luggage transfer from Dachstein Südwand to Gosau
Overnight stay incl. halfboard and 1 beverage in Gosau

6th Day: Individual departure by bus (FREE ticket) via Bad Ischl to train station Salzburg or individual departure from Gosau



FREE BUS TICKET**

plan your arrival at train station Salzburg
and you will get a bus ticket
for the trip from / to Gosau by bus for free

(change bus once in Bad Ischl,
duration approx.. 2h30min)



Arrangement: 5 x Overnight stay with alpine breakfast according to the hotel list
(2 x Gosau, 1x Bad Aussee, 1x Stoderzinken, 1 x Dachstein Südwand)
1 x voucher for all accommodation
2 x halfboard in Gosau incl. one beverage (non alcoholic drink, ¼ wine or 0,33l beer)
3 x halfboard (Bad Aussee, Stoderzinken, Südwand)
1 x routing and gpx tracks
1 x tree for a booking
4 x Luggage transfer - max. 2 pcs./person and max. 25 kg/piece of luggage

Daily service hotline from 08.00 – 18.00 (also on weekends)
and emergency hotline

Rates for the arrangement per person in €:

	25.06. – 03.10.23*
double room (twin on request)	759,00
Supplement for a single room – on request	120,00
Supplement for single travellers	40,50
Arrival	daily

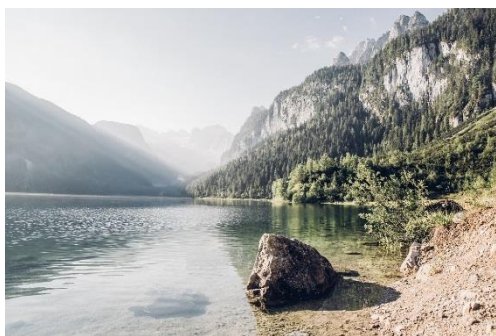
*season start and end according to the snow conditions

Local tax is extra to pay on spot in each accommodation (from € 1,-- to € 3,-- per person/per night)

**In Order to provide you the bus ticket on time, we need the information when you will arrive in Salzburg and when you want to leave Gosau at least one week ahead of your arrival.

Notes on staying at an Alpine lodge with dogs:

- Dogs on partly dog kennels available, extra costs to be paid on spot. In Austria a general linen and muzzle requirement applies!



We recommend travel cancellation insurance.

Prices are subject to change.

The standard terms and conditions of the Salzkammergut Touristik GmbH apply in the current version.

Due to environmental reasons we recommend to arrive and depart by public transportation.